Volume 52 **Issue 3**



WORSHIP SERVICES at UUMC Sunday mornings 11:00 am

The Sanctuary



at 2915 East Fifth Street Tulsa OK and also

on the UUMC Face Book page

24/7

https://www.facebook.com/uumctulsa



www.uumctulsa.org Phone: 918-592-3633 Fax: 918-592-3634 E-mail: office@uumctulsa.org

well hello,

WiFi Password: Uumc2020

Email the Pastors at thematts@uumctulsa.org



Inside UUMC's March 2023 Newsletter...



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- page 5...UUMC March 2023 Continuing Ministries
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DIRECTORY

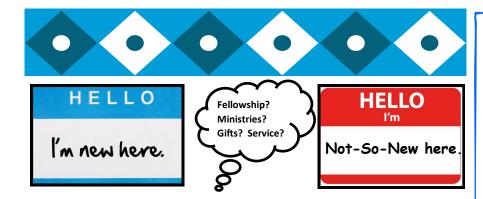
Co-Pastors The Reverend Matt Austin The Reverend Matt Patrick

Dan Call, Director of Music Kathy Call, Organist/Music Assoc. Karen Cody, Preschool Director Tami Losoncy, Director of Business and Operations Karen Manera, Treasurer Mike Hittle, Building Maintenance/ Custodian **Tere Talley, Office Administrator** Kendel Hall, Monthly Newsletter/ **Volunteer Coordinator**

Office Hours Monday-Friday 8:30am-2:30pm







Eat, Explore and Connect



Sunday, March 5th following worship Great Hall, 2nd Floor West





Thousands of organ pipes – all within steps of each other!

Downtown Tulsa is unique in the number of churches located within blocks of each other, featuring large pipe organs that have played important roles in the history of those buildings. You have the opportunity to visit these historic buildings and the pipe organs that make music in those spaces. The Tulsa Chapter of the American Guild of Organists, celebrating the 100th Anniversary of its founding, will sponsor visits to seven downtown churches.

EVERY ONE IS WELCOME

All are welcome to come to the Great Hall following worship on March 5th to enjoy a free lunch of homemade casseroles, salads, cake, and more.



Visit with friends old and new,

and stay to explore your

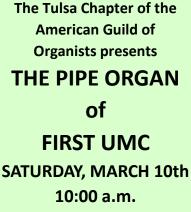
opportunities to grow, serve and



God to

together others





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at University United Methodist Church

Sun	Mon	Тие	Wed	Thu	Fri	Sat
First sunday OF Lent		ATTENTION! TOMORROW: Whistle While you Work 9:30-11:30 am	1 9:00 am-2:00 pm 6:30 pm Prayer Time on FB 6:30 pm Handbell Choir 7:30 pm Chancel Choir	2 Sleep Mat Makers 1:00 pm Parlor JOY STUDY 6:30-7:30 Parlor	3 9:00 am-2:00 pm	4
5 SECOND SUNDAY OF LENT 11:00 am UUMC Sanctuary www.facebook.com <u>/uumctulsa</u>	6 9:00 am-2:00 pm 6 9:00 am-2:00 pm 11:00 am Staff 6:30 pm. Care Team 06:00 pm NA-GH 07:00 pm ACA-Parlor	7	8 9:00 am-2:00 pm 6:30 pm Prayer Time on FB 6:30 pm Handbell Choir 7:30 pm Chancel Choir	9 Sleep Mat Makers 1:00 pm Parlor JOY STUDY 6:30-7:30 Parlor	109:00 am-2:-00 pm	11 Daylight Saving Daylight Saving Time Begins Tomorrow at 2:00 am
12 SUNDAY OF LEAT 11:00 am UUMC Sanctuary www.facebook.com <u>/uumctulsa</u>	13 ** 11:00 am Staff 6:30 pm. Outreach Team 06:00 pm NA-GH 07:00 pm ACA-Parlor	14 ************************************	15 * G:30 pm Prayer Time on FB G:30 pm Handbell Choir 7:30 pm Chancel Choir	16 Sleep Mat Makers 1:00 pm Parlor JOY STUDY 6:30	17 BREAK St. Patrick's Day	18
19 FOURTH SUNDAY Or Zad 11:00 am UUMC Sanctuary www.facebook.com <u>/uumctulsa</u> Ad Board 12:15 pm	20 9:00 am-2:00 pm	21 Food on the Move 5:30 a.m7:30 p.m. Chamberlain Park 4940 N Frankfort Ave	22 9:00 am-2:00 pm 22 6:30 pm Prayer Time on FB 6:30 pm Handbell Choir 7:30 pm Chancel Choir	23 Food on the Move 11:30 a.m1:30 p.m. TCC 3727 E Apache Sleep Mat Makers 1:00 pm Parlor JOY STUDY 6:30-7:30 Parlor	24 9:00 am-2:00 pm	25
26 FIFTH SINDAY OF LENT 11:00 am UUMC Sanctuary www.facebook.com /uumctulsa	27 9:00 am-2:00 pm	28 Food on the Move 5:30 p.m7:30 p.m. Greenwood Center 7:00 p.m. Ladies' Book Club	9:00 am-2:00 pm 29 6:30 pm Prayer Time on FB 6:30 pm Handbell Choir 7:30 pm Chancel Choir	30 Sleep Mat Makers 1:00 pm Parlor JOY STUDY 6:30-7:30 Parlor	31 _{9:00} am-2:00 pm	
<pre>#Can't 1 ~ C Keep Calm 2 ~ F Its₩ My 4 ~ L Birthday 5 ~ C</pre>	Donna Bingham Griffin Deming Rev. Matt Austin Laura Weatherho Daniel Weatherho Anna Bruner	I/ Javuell P	rin 25 ~ res 26 ~ Austin 28 ~ sell 31 ~	Kristen Oertel Doug Bray Wyatt Wolery Lynn Bordwine Becky Balser		CHURCH LUNCH T at UUMC 1:30 pm

A community of faith, love and service since 1923

WORSHIPPING GOD

Sundays 11:00 a.m. in the Sanctuary or Facebook https://www.facebook.com/uumctulsa

PRAYING TOGETHER

Wednesdays 6:30 p.m. Facebook https://www.facebook.com/uumctulsa





PRAISING GOD Handbell Choir Rehearsals Wednesdays 6:30 Room 304 **Chancel Choir Rehearsals** Wednesdays 7:30 p.m. Sanctuary

CARING for CHILDREN UUMC Preschool & MDO Program Mondays/Wednesdays/Fridays 9:00a.m.-2:00 p.m. Rooms 101-105, B10

CARING

on ZOOM 1st Monday each month

6:30 pm



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In FELLOWSHIP and SERVICE

Ministry of Sleeping Mats For the homeless Thursdays 1:00 p.m. Parlor

Ladies' Book Club 4th Tuesday each month 7:00 p.m. Great Hall or Parlor or home of a book lover





Whistle While you Work 1st Wednesday of select months



Meal Trains **Scheduled and Delivered** as needed



KW Emergency Food Pantry Services Contact Church Office for volunteer opportunities



Congregational Care Committee Meeting

Narcotics Anonymous Mondays 6:00 p.m. Great Hall

Adult Children of Alcoholics

Mondays 7:00 p.m. Parlor



Adult Children of Alcoholics



SHARING

Outreach Ministries Team Meeting on ZOOM 2nd Monday each month 6:30 pm

PREPARING

Administrative Board Meeting in Great Hall **3rd Sunday each month** 1:00 p.m. (and called as needed)



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FOR HEALTH AND HEALING

Lord, in Your mercy, hear our prayers

- \Rightarrow Ryder Barnes, a child from Claremore, who has a rare parasitic disease.
- \Rightarrow Steff Birch, brother of Gloria McQuade and Julie Wilcox, as he lives with ongoing health issues.
- ⇒ John Bordwine, son of Lynn and Louis, the he may overcome struggles with addictions and be filled with the Holy Spirit.
- \Rightarrow Megan Briggs, cousin of Keith Austin, as she continues to recover from a serious car accident.
- \Rightarrow John Call, brother of Dan Call, as he is monitored for heart issues.
- \Rightarrow Dan Call, who is experiencing significant knee pain.
- \Rightarrow Terri Callaway's brother-in-law Tony, who has been hospitalized with several health issues.
- \Rightarrow Grace Campbell, who is undergoing physical therapy for severe back pain due to a slipped disc.
- \Rightarrow Jeff Charrier, Jolynn Dotson's friend, who had an accident on a tractor.
- \Rightarrow John Detrick, Rob Detrick's father, who continues to struggle with lung issues from COVID.
- \Rightarrow Rob Detrick, for his overall health well-being.
- \Rightarrow David Druzynski's Aunt Jackie, who is suffering from acute myeloid leukemia.
- ⇒ Drew Druzynski's Aunt Missy, who is in the hospital with a brain bleed and brain spasm. Prayers that doctors can isolate the cause and find a better treatment plan.
- \Rightarrow Diana Farmer, who is dealing with a pinched nerve in her back.
- \Rightarrow Family and friends of Marie Greene, friend of Tere Talley, who passed away in January.
- ⇒ Melissa Clark , Lisa Griffith's sister-in-law in Texas, who has breast cancer. Prayers for her doctors, also.
- \Rightarrow Clyde Griffith, Kathy Call's brother.
- \Rightarrow Gene Hart, for continued successful medical treatment and care.
- \Rightarrow Gene Hart's youngest brother, who suffers from diabetes and congestive heart failure.
- \Rightarrow Harvey Helm, as he faces complications with blood pressure and glucose readings and fatigue.
- \Rightarrow Clifford Hobbs, cousin to Kaitlin Austin, who is on home hospice for cancer.
- \Rightarrow Summer, Sherry Hobbs's daughter, who has blood clots.
- ⇒ Sterling Lamont, relative of a friend of Harvey Helm, who is a preschooler receiving chemotherapy treatments for a brain tumor.
- \Rightarrow Carol Lawson, Kathy Call's sister, who suffers from RA and severe back pain.
- \Rightarrow Dakota Long, Frankie Long's grandson, as he faces many mental and physical issues.
- \Rightarrow Prayers for those experiencing loss of loved ones, especially the Blair family.
- \Rightarrow Joe Lowery, who continues to suffer from severe back pain. He is having swallowing issues as well.
- \Rightarrow Stacy Lustig, a friend of Kaitlin Austin's aunt, as she receives treatment for cancer.

- \Rightarrow Emily McKinney, a friend of Alyssa Hamilton, who is having pregnancy complications.
- \Rightarrow Afton and Nick Mancini's baby Max, who is in NICU recovering from heart surgery.
- \Rightarrow Mohammed, Rob Detrick's neighbor Omar's father-in-law, who is receiving treatments for stomach cancer, including surgery and chemotherapy.
- \Rightarrow Della Needham, who is dealing with severe heart issues.
- \Rightarrow Diane, Mom of Kristen Oertel, who is recovering from a battle with COVID.
- ⇒ Susan Panciera, organist at Boston Avenue United Methodist Church, who has been diagnosed with ALS, and her husband, Joel. Susan's disease has progressed to the point that she is no longer able to play for the church, and Joel, the church choir director, has had to request time off to care for Susan.
- \Rightarrow John Patrick's sister and brother-in-law, who have been fighting COVID.
- \Rightarrow Alfreda, a friend of Carolyn Pense, for healing of several injuries from a car wreck.
- \Rightarrow Cooper Philpott, Kaitlin Austin's brother, as he recovers from heart ablation surgery.
- ⇒ Wanda Robinson, Evelyn Land and Hattie Benton, friends of Lynn Sampsell at Cedarhurst, who are all dealing with health issues.
- \Rightarrow Lynn Samsell, as she continues to recover from foot surgery.
- \Rightarrow Tim Shadley, former student of Dan Call, who is being treated for renal cell carcinoma.
- ⇒ Sharon Shaw, a family friend of Kaitlin Austin and Sherry Hobbs, who is receiving hospice care for an untreatable cancer.
- \Rightarrow Sam Stambaugh, who is recovering from kidney stone surgery.
- \Rightarrow Ongoing love and prayers for Donna and Rick Stuber.
- \Rightarrow Brandy Swift, one of Alyssa Hamilton's students, who is undergoing chemotherapy for stage three breast cancer.
- \Rightarrow Bob Talbott, who is at home receiving hospice care. Prayers for his wife and family.
- \Rightarrow Lance Talbott, for continued strong recovery from his double bypass heart surgery.
- \Rightarrow Ginger Talley, sister-in-law of Gary and Tere Talley, who is suffering from leukemia.
- ⇒ Tim Taylor as he makes progress in reclaiming his life and activities as he recovers from health set backs due to long COVID fatigue and weakness affecting his ability to work.
- \Rightarrow Gwen, Amber Turner's best friend, who is battling cancer.
- \Rightarrow Weston Warren, great-nephew of Gary and Tere Talley, who is facing serious issues with his pancreas.
- ⇒ Roger Whitaker, friend of Dan Call, who is recovering from pancreatic surgery and enduring eleven hour chemotherapy treatments.
- ⇒ Drew Dilley, neighbor of Mike and Julie Wilcox, who is recovering from Guillain-Barre Syndrome. He is now in rehab. Prayers of thanksgiving for all that God has done for him, and prayers for patience as he continues to heal.
- \Rightarrow Michael Woodhouse, John and Linda Patrick's nephew, who is suffering from liver failure.
- ⇒ Mary Woolsey, Harvey Humes's sister, for healing as she faces complications while recovering from a stroke and recent surgery.

- \Rightarrow Harrison Austin's leg, that doctors may have accurate answers about his pain and discomfort.
- \Rightarrow Reverend Debra Garfinkel, who has been suffering from bronchitis and Type A flu.
- \Rightarrow Alyssa Hamilton, who expects a baby to be born any minute now.
- \Rightarrow Ahnawake Dawson, who faces health challenges.
- \Rightarrow Jaiden's cat, to be free from pain in heaven.
- \Rightarrow Mr. Summers as he approaches his 90th birthday. He has been diagnosed with stage 4 cancer.
- ⇒ Prayers for Cathy Hodges in her work with ACTION Tulsa (Allied Communities of Tulsa Inspiring Our Neighborhoods). The group focuses on gun violence, public education, landlord retaliation, infrastructure and mental health.

~Rev. Matt Patrick

- \Rightarrow Continuing prayers for the war in Ukraine.
- \Rightarrow Continuing prayers for those affected by the devastating earthquakes in Turkey and Syria.
- \Rightarrow Continuing prayers and God's grace be with Tyre Nichols' family.
- \Rightarrow Prayers for unhoused Tulsans during the cold weather.
- \Rightarrow Prayers for President Jimmy Carter and his family as they begin the journey of hospice.
- \Rightarrow Prayers for East Palestine, Ohio as they deal with fallout from the recent train derailment/burn.
- \Rightarrow Prayers for the LGBTQ+ community as new legislation against them is introduced and is lobbied all across the country.
- \Rightarrow Rocky McBride, who is learning to be an effective parent to ten and eleven-year-old children.
- \Rightarrow We celebrate that Rocky McBride is getting his driver's license and will be pursuing a CDI License.
- \Rightarrow Diana Farmer's Great Niece Emery became a teenager on Friday, February 24th.

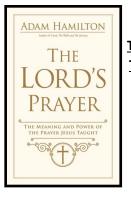
FOR COMFORT AND PEACE

Lord, in Your mercy, hear our prayers

- \Rightarrow Tom Howard, Lana's husband, who is home receiving hospice care, and for Lana as she cares for him.
- \Rightarrow Bill and Helen Moorer. Helen has been diagnosed with dementia.
- ⇒ Kate Murphy and her father, who is receiving hospice care in Kate's home. Prayers for a smooth transition, peace for Dad, and strength for Kate.
- ⇒ Former UUMC pastor Reverend John Price and his wife, Elizabeth. Elizabeth is receiving palliative care.
- ⇒ Louise Raleigh, aunt of Tere Talley, who suffers from early-onset Alzheimer's and is now living in a nursing care facility.



Grace Campbell's Adult Bible Study that meets at 9:30 am every Sunday in the church parlor has begun a new study topic. There will be ongoing small group discussions centered on Adam Hamilton's book



<u>The Lord's Prayer:</u> <u>The Meaning and</u> <u>Power of the</u> <u>Prayer Jesus</u> <u>Taught</u> ţ

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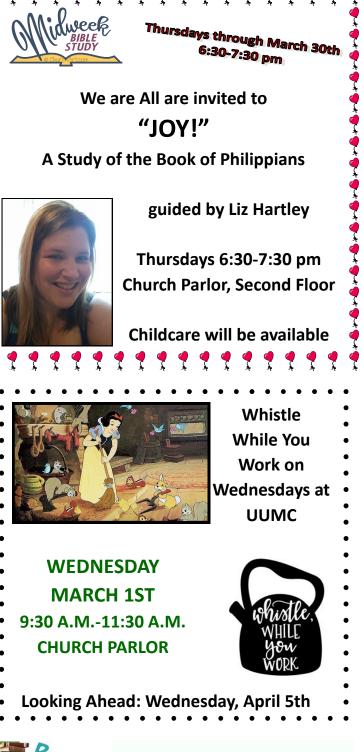
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Most Christians know the Lord's Prayer by heart. We pray it often, at different times and in different settings. We remember it as the prayer that Jesus taught his disciples. But do we really understand and appreciate the meaning and power of its words, what we ask of God each time we pray it?

In The Lord's Prayer: The Meaning and Power of the Prayer Jesus Taught, pastor and bestselling author Adam Hamilton guides us to really know—and really pray—the Lord's Prayer. He explores each of its rich lines and their meaning in the Bible, illuminating what we ask of God and what we ask of ourselves through its words. And he teaches us how to use it as a pattern for our own prayer life.





Watch for special plans upcoming plans!

Lenten Season Mission Focus: Homelessness in the Community



The University United Methodist Church congregation has adopted "homelessness" as our mission focus for the season of Lent. Throughout the season of Lent 2023, we will be gathering essential items and assembling "blessing bags" that can be distributed to homeless individuals. Below are listed some helpful items suggested by Housing Solutions:

gallon ziploc bags

- crew socks winter gloves/hats small flat packs of antibacterial wipes mini bottles of hand sanitizer travel tissue packs toothpaste toothbrushes
- deodorant feminine hygiene products lip balm handwarmers band-aids bottles of water non-perishable foods/Snacks with protein

You may bring your donated items to the church and place them in the baskets in the Narthex.

Thank you for your help!

Suggested **Lenten Season Activities 2023** LOVE Nothing else matters Sunday Monday **Tuesday** Wednesday Thursday Friday Saturday FEB 22 Ash Wednesday Ser-25 24 23 Sleep Mat Makers WITH ALL YOUR HEART Psalm 51: 1-17 1:00 pm Parlor LIVING OUT LENT 26 27 2 3 4 28 March 1 Feed Muy Sheep **Pray and Support** PRAY TOGETHER 1st Sunday of Lent Food on the Move on Face Book **Sleep Mat Makers** Choose a gift to give Food Pantry Psalm 32 5:30 p.m.-7:30 p.m. to a Blessing Bag 6:30 pm 1:00 pm Parlor Greenwood Center 7 5 6 8 9 10 11 **Pray and Support PRAY TOGETHER** 2nd Sunday of Lent on Face Book Choose a gift to give Sleep Mat Makers Food Pantry Psalm 121 to a Blessing Bag 6:30 pm 1:00 pm Parlor 12 15 17 13 14 16 18 Pray and Support **PRAY TOGETHER 3rd Sunday of Lent** on Face Book **Sleep Mat Makers** Food Food Pantry Choose a gift to give Psalm 95 6:30 pm 1:00 pm Parlor to a Blessing Bag 21 Freed My Sheep 24 19 20 22 25 23 Feed My Sheep **Pray and Support** Food on the Move PRAY TOGETHER 4th Sunday of Lent 5:30 a.m.-7:30 p.m. Food on the Move Choose a gift to give on Face Book Food Pantry Psalm 40: Chamberlain Park 11:30 a.m.-1:30 p.m. to a Blessing Bag 6:30 pm 4940 N Frankfort TCC 3727 E Apache 26 27 2× 29 30 31 April 1 HAND 5th Sunda

5th Sunday of Lent	Pray and Support	Feed My Skeep Food on the Move 5:30 p.m7:30 p.m. Greenwood Center	PRAY TOGETHER on Face Book 6:30 pm	Sleep Mat Makers 1:00 pm Parlor	Psalm 23	Choose a gift to give to a Blessing Bag
2 Palm Sunday	3	4	5	6 Sleep Mat Makers	7	8 Holy
	Pray and Support		PRAY TOGETHER on Face Book 6:30 pm	1:00 pm Parlor Maundy Thursday Pot Luck and Blessing Bags	Psalm 31:	Saturday IN STILLNESS EARTH AWAITS THE RESURRECTION

TULSA, OK DIA9 POSTAGE **PERIODICALS**



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Tulsa, OK 74104-3105 2915 East 5th Street. Methodist Church University United Send address changes to: :A3T2AMT2O9

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Wednesdays Prayer Together on FB: 6:30 pm

Sundays Worship: 11:00 am in person and on Facebook

Office Hours Monday - Friday 8:30-2:30

Tulsa, OK 74104

918.592.3633 office office@uumctulsa.org www.uumctulsa.org

2915 East 5th Street

University United

Methodist Church

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